




FEBRUARY 2012

FAIRMONT PRIVATE SCHOOLS - CITRON CAMPUS LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>HAPPY VALENTINE'S DAY! (February 14th)</p>	<p>1 Chicken Fingers or Veggie Nuggets*</p> <p>Sides: Mashed Potatoes, Corn & Fresh Fruit</p>	<p>2 Jumbo Turkey Corndog or Corn Nuggets*</p> <p>Sides: Veggie Sticks with Ranch, Seasonal Fruit & Cookie</p>	<p>3 TEACHER IN-SERVICE NO SCHOOL</p>	
<p>6 Chicken Patty on a Bun or Boca Patty on a Bun*</p> <p>Sides: Corn on the Cob, Tater Tots & Fresh Fruit</p>	<p>7 Pasta Shells & Marinara*</p> <p>Sides: Steamed Vegetables, Fresh Fruit, Garlic Breadstick</p>	<p>8 Chicken Fingers or Veggie Nuggets*</p> <p>Sides: Mashed Potatoes, Corn & Fresh Fruit</p>	<p>9 Turkey Hotdog or Veggie Dog* on Whole Grain Bun</p> <p>Sides: Veggie Sticks with Ranch, Seasonal Fruit & Cookie</p>	<p>10 Cheese Pizza*</p> <p>Sides: Tater Tots, Fresh Fruit & Brownie</p>
<p>13 Chicken Patty on a Bun or Boca Patty on a Bun*</p> <p>Sides: Corn on the Cob, Tater Tots & Fresh Fruit</p>	<p>14 Macaroni & Cheese*</p> <p>Sides: Mixed Veggies, Fresh Fruit & Garlic Breadstick</p>	<p>15 Chicken Fingers or Veggie Nuggets*</p> <p>Sides: Mashed Potatoes, Corn & Fresh Fruit</p>	<p>16 Jumbo Turkey Corndog or Corn Nuggets*</p> <p>Sides: Veggie Sticks with Ranch, Seasonal Fruit & Cookie</p>	<p>17 Cheese Pizza*</p> <p>Sides: Tater Tots, Fresh Fruit & Cookie</p>
<p>20 PRESIDENT'S DAY NO SCHOOL</p>	<p>21 Pasta Shells & Marinara*</p> <p>Sides: Steamed Vegetables, Fresh Fruit, Garlic Breadstick</p>	<p>22 Chicken Fingers or Veggie Nuggets*</p> <p>Sides: Mashed Potatoes, Corn & Fresh Fruit</p>	<p>23 Turkey Hotdog or Veggie Dog* on Whole Grain Bun</p> <p>Sides: Veggie Sticks with Ranch, Seasonal Fruit & Cookie</p>	<p>24 Cheese Pizza*</p> <p>Sides: Tater Tots, Fresh Fruit & Brownie</p>
<p>27 Chicken Patty on a Bun or Boca Patty on a Bun*</p> <p>Sides: Corn on the Cob, Tater Tots & Fresh Fruit</p>	<p>28 Macaroni & Cheese*</p> <p>Sides: Mixed Veggies, Fresh Fruit & Garlic Breadstick</p>	<p>29 Chicken Fingers or Veggie Nuggets*</p> <p>Sides: Mashed Potatoes, Corn & Fresh Fruit</p>	<p>RELOAD YOUR STUDENT ACCOUNT AT WWW.MEALPAYPLUS.COM</p>	

Entree Substitutes

- Uncrustable-Peanut Butter & Jelly
- Deli Turkey Sandwich
- American Cheese Sandwich

Healthy Ingredients

Chicken Patty/Boca Burger:

- Baked Chicken Patty
- Baked Veggie Patty
- Whole Grain Bun
- Fresh Cut Lettuce & Tomato

Pasta Shells & Marinara:

- Pasta Noodles
- Real Marinara Sauce

Macaroni & Cheese:

- Real Cheddar Cheese
- Half & Half

Chicken/Veggie Nuggets:

- Baked Chicken/Veggie Nuggets

Turkey Corndogs/Corn Nugget:

- Baked Turkey Corndog
- Baked Corn Nuggets

Cheese Pizza:

- Trans-Fat Free Mozzarella
- Pizza Sauce

Sides

- Baked Tater Tots- Not Fried
- Fresh Fruit - Not Canned
- Sauteed Vegetables
- Corn w/ Trans-Fat Free Soybean Butter
- Low-Fat Mashed Potatoes (Not made w/ Heavy Cream)
- Raw Veggies Sticks

Lunch includes: 1% Milk, 1% Chocolate Milk, Juice or Bottled Water; Citron: \$4.75 Milk/Juice: \$1.25

For more information visit www.fairmontschools.com/food_services or call us at 714.234.2777

*Meat Protein Substitute

